



# All Skill Levels

Boys and Girls Welcome  
Grades K-6

## Wrestling Gym

New Paltz High School;  
to left of the main gym entrance

# Tuesdays & Thursdays 6:00-7:30 PM

Parent Info Meeting and First Practice

## Tuesday November 28<sup>th</sup> at 6pm

Season runs through February 29, 2024

Please Register online at [here](#) or use the attached form and email to [youthwrestlingnp@gmail.com](mailto:youthwrestlingnp@gmail.com)

Practices preferred to be drop-off/pick-up only, no spectators kindly requested.

Wrestling shoes are a must have for the space, we have shoes available so don't purchase them, unless necessary after the first practice.

\$85.00 per child

\$65.00 per sibling of enrolled child

Cost includes individual membership to NYWAY Wrestling, which covers secondary accident insurance for practices and tournaments. Checks made payable to New Paltz Wrestling Club, collected at first practice.



For More Info, please contact [youthwrestlingnp@gmail.com](mailto:youthwrestlingnp@gmail.com)